



CENTRAL UNIVERSITY OF ODISHA
(Established Under the Central Universities Act, 2009)
OFFICE OF DEAN STUDENTS' WELFARE

CIRCULAR

Ref. No: CUO/G&S/2023/03

Date: 06.04.2023

The Sports and Fitness Fest of Central University of Odisha for the Academic Session: 2022-23 will be held during 11th April 2023 to 13th April, 2023. As the part of Fitness Fest: 2022-23, the events which are scheduled to be held from 11.04.2023 will continue as per following schedule:

Sr No	Name of the Event	Venue, Date and Time
1	Inaugural Programme	11/04/2023; 9.30 am to 09.45 a.m.; CUO Sunabeda campus @ Seminar Hall, Academic Block-3
2	Plogging Run	11/04/2023; 09:45 a.m.; CUO Sunabeda Campus @ Academic Block-3
3	Chess Competition Boys + Girls + Faculty	11/04/2023; 10:30 am; CUO Sunabeda Campus @ Academic Block-1
4	T T competition (Boys and Girls and Staff Separate Competition)	11/04/2023, 11:30 am, Boys Hostel and Girls Hostel
5	Throw ball for Girls	11/04/2023, 4:30 pm, Girls Hostel
6	Guided Group Meditation	12/04/2023, 7:30am onwards, CUO campus @ Academic Block-3/ CUO Sports ground
7	Fitness Aerobics	12/04/2023, 8:30am onwards 7:30am onwards, CUO campus @ Academic Block-3/ CUO Sports ground
8	Fitness Challenge Walk for the Staff	12/04/2023, 9:30 am onwards
9	Campus Run 5 KM Boys	12/04/2023 , 9:30 am, CUO campus @ Boys Hostel Gate
10	05 KM for the Girls	12/04/2023, 9:45 am onwards
11	Volley Ball (Men)	12/04/2023, 4:00 pm onwards
12	Bit of Plogging Run ; Valedictory function	13/04/2023, CUO Sports ground / Academic block -3 , 04.30 PM

Department Head (s), Head I/c(s), Chief Warden and Wardens of Hostels, Faculty members are requested to kindly bring it to the notice of the students & research scholars of the department and encourage the students and research scholars for their participation in the Fitness Fest: 2022-23.

The participation of HoD(s)/HoD I/c(s), faculty members and staffs of various departments is demanded and would be greatly appreciated particularly in the Plogging Run event.

During the Fitness Fest, University Buses will ply to CUO, Sunabeda Campus from Jaypore and Semiliguda as per the schedule.


DSW I/c

Copy to:

1. Registrar for kind information
2. Finance Officer for information
3. Advisor (Academics & Administration) for kind information
4. CoE I/c for kind information
5. All Heads of various Academic Departments with a request to inform all the students of the concerned Departments
6. Chief Warden/Wardens (Boys' Hostel & Girls' Hostel) for kind information and necessary action.
7. Executive Engineer for information
8. DR for information
9. PRO for information
10. Security Officer for information
11. P.S. to Vice Chancellor, for kind information of Hon'ble Vice-Chancellor
12. All Notice Boards