

Koraput varsity team makes cookies and savouries from wild yam

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Bhubaneswar: Researchers from the Central University of Odisha (CUO), Koraput have prepared value-added confectionary items like cookies and savouries from wild yams (jangali kanda) which have various health benefits.

The researchers mentioned this in a scientific paper published on October 5 in the Journal of Food and Humanity, an international peer reviewed Elsevier Journal. These functional foods have the potential for bio-prospecting in the food industry and enhance the economic well-being of the local tribal communities, the research paper stated.

The research team was led by Debabrata Panda, assistant professor in the department of biodiversity and conservation of natural resources, CUO. He did his



The sweets and savoury items have health benefits

research on nutritional value and health benefits of wild yam roots used by the tribes of Koraput for the last 10 years.

The nutritional traits and health benefits were studied at the laboratory of the CUO with the research scholar Bandana Pradhan, Manali Nanda, Antarjami Sahu and Jayanta Kumar Nayak from anthropology department. The research project was supported by the Odisha governments science and technology department.