

**CENTRAL UNIVERSITY OF ODISHA, KORAPUT**  
**OFFICE OF THE PUBLIC RELATIONS**  
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**C**ELEBRATION OF 'FIT INDIA WEEK: 2023-24' BY CENTRAL UNIVERSITY OF ODISHA

As the part of the celebration of 'Fit India Week :2023-24", Central University of Odisha is organizing 'Fit India Week' during 18th January, 2024 to 20th January, 2024. As the part of the celebration of Fit India Week, the events i.e. Walking, Jogging and Running, Aerobic Exercises, Fitness Drills, Yoga & Pranayama are to be organized from 18th January, 2024 to 20th January, 2024. The inaugural Session was organized at the Sunabeda Campus, CUO on 18th January, 2024. Hon'ble Vice-Chancellor, Prof. Chakradhar Tripathy inaugurated the programme and highlighted that the campaign aims at to create awareness about the fitness which is not limited to the students but for all. Registrar I/c of CUO Prof. N C Panda conveyed his best wishes for the successful organization of the programme.

A large number of participants including Vice-chancellor, Registrar, Faculty Members, PRO, Dr. Phagunath Bhoi, students, research scholars, faculty members, officers and staff of the university took part in the events i.e. Walking, Jogging and Running on the first day of the campaign. The program is being organized under the guidance of Dr. Ramendra Kumar Parhi, DSW I/c of CUO and the fitness week is being coordinated by the Sports consultant of CUO Sh. Sanjay Kumar Gantayat and the Asst. Professor Sh. Biswjit Bhoi.

Dr. Phagunath Bhoi, Public Relations Officer